November 1st, 2017 – Board of Health Division of Substance Abuse and Prevention Substance Abuse Coordinator

Initiatives:

- Created assessment for services pertaining to the substance use community. Began meeting with community agencies to better understand services and gather information for the assessment.
 - Lowell House Inc., Love and Safety, South Bay Community Services Adult Day Program/SOAP, Lowell Transitional Living Center, Lowell ESP, CTI (Housing/Homeless)
- Have been meeting with representatives from LPD, Trinity EMS, and UMass Lowell to discuss consent forms and data base for data sharing/collecting between COOP agencies.
- Interviewed two candidates for two part-time Clinical Recovery Specialists positions.
- 10/4 presented, along with PFS Coordinator, to the Lowell School System social workers re: substances that adolescents in Lowell are reportedly using.

Attended informational meetings/webinars to build upon knowledge and skillset:

- 10/4 Lowell Community Discussion: Project CARE/Qualitative Data from People who Inject Drugs
- 10/5 Pinnacle Webinar Series: How EMS Can Fight the Opioid Overdose Crisis, in which Jon Kelly from Trinity EMS presented
- 10/17 Marijuana Legalization: Let's Talk About Youth Prevention

Attended and partook in events focused on awareness of the opioid epidemic:

- 10/11 Trinity EMTs and MOAPC Coordinator discussed with a class at the Career Academy re: how students and their community are impacted by the opioid crisis
- 10/20 Career Academy Block Party at Career Academy Trinity EMS/Health Dept. representation

Attended the following meetings to build upon relationships, strengthen understanding of local resources, and facilitate open communication regarding needs areas for the substance use community:

- 9/26 and 10/24 Monthly MOAPC Meeting
- 9/27 Monthly Smart Police Initiative conference call
- 9/27 and 10/18 Monthly PFS Meeting
- 10/3 Greater Lowell Health Alliance
- 10/11 Met with PFS Coordinator and LPD social media/marketing
- 10/11 Met with Lowell Community Health Center OBOT Program Manager and Director of Specialty Care and Women's Health
- 10/13 Monthly DA's Task Force Meeting
- 10/18 Greater Lowell Mental Health Alliance Marijuana Sub-Task Force Meeting
- 10/20 Greater Lowell Mental Health Alliance CHIP Breakfast

Community Opioid Outreach Program (COOP):

- 9/27 First COOP Meeting –LDP, LFD, Trinity EMS, Lowell House, Inc.
- Individual meetings between COOP members and Substance Abuse Coordinator week of 10/16
- Working on creating a standing meeting with COOP members, along with standing meeting of COOP members plus supervisors
- Scheduling Section 12 and 35 review lead by MHA (Brian Maxwell)
- LDP, LFD, and one Trinity EMT scheduled to attend Mental Health First Aid for First Responders on 10/19 at Tewksbury PD

Partnerships for Success (PFS)

October 2017

Initiatives:

- <u>Lowell High School and Substance Abuse Prevention Month</u>- The event planned for October 12th was postponed due to Bill Phillips (guest speaker) being hospitalized the day prior. Attempts will be made to reschedule the event for the student athletes.
- <u>Partnerships for Success Logic Model</u>- was approved by the contract manager at BSAS allowing PFS to move forward with the implementation of strategies.
- Lowell Public School Social Workers- In conjunction with the Substance Abuse Coordinator, a
 training was created and presented to Lowell School Social Workers on teen substance use.
 Topics covered in the training included presenting local data on teen substance use,
 classification of substances, common substances being misused, as well as how to
 professionally communicate with teens regarding substance use.
- <u>Social Media/Marketing Campaign</u>- Members of the PFS team and Lowell Police Department met to begin planning for a social media and education dissemination campaign aimed at parents of high school-aged youth. The primary objectives are to Increase awareness on the harmful effects of sharing prescription medication along with increasing parental monitoring of prescription medication. These objectives will help to eventually reach our goal of a reduction in access to prescription medications which will lead to a reduction in past 30 day use.
- <u>Career Academy</u>- Members of PFS and MOAPC held a substance abuse and misuse table at the Career Academy Block Party.

Meetings/Trainings Attended:

- GLHA Substance Abuse Task Force
- Lowell Community Discussion: Project CARE and Qualitative Data from People who Inject Drugs
- District Attorney's Opiate Task Force
- PFS Task Force
- MOAPC Task Force
- GLHA Annual Breakfast Meeting
- Statewide Substance Use and Misuse Prevention Conference

Massachusetts Opioid Abuse Prevention Collaborative (MOAPC)

September/October 2017

Initiatives

- <u>Career Academy Lowell</u> Ongoing meetings with students working with overall opioid awareness, focusing on proper needle/sharps disposal protocols and community awareness campaign as well as planning for implementation of Life Skills Curriculum
- <u>Homeless outreach and support</u>- Collaboration with Life Connections outreach in development of ongoing support services to Lowell Homeless; brought in community organizations to outreach to the homeless population
- <u>Life Skills Training</u> Facilitated a training with Wilmington/Tewksbury Religious Education leaders
- <u>Prescription Drug/Sharps Take Back</u> (September 20th)
- Provided information and support at the Merrimack Valley Chamber of Commerce Healthcare Series (September 28th)
- Part of a collaborative presentation with Lowell National Historic Parks ranger staff regarding current opioid issues in Lowell as it impacts their work
- Coordinated a cluster wide training in Evaluation (to be held November 14th)

Meetings/Trainings Attended

- Greater Lowell Health Alliance Substance Abuse task forces
- Lowell Community Discussion: Project CARE and Qualitative Data from People who Inject Drugs
- Partners for Success (PFS) meeting, Lowell High School
- Massachusetts Opioid Abuse Prevention Collaborative /Substance Abuse Prevention Collaborative cluster meeting
- District Attorney Marian Ryan Opiate Task Force meeting
- Introduction meeting with Jayde Campbell (Lowell Transitional Living Center Director) for collaboration/coordination of services
- Meeting with BSAS (Bureau of Substance Abuse Services) Grant coordinator
- Meeting with Westford School Health Curriculum Director to assist in implementation of Life Skills Preventative curriculum in elementary and middle schools
- Statewide Substance Abuse Practices seminar through MassTAP (October 25th)
- GLHA Annual Breakfast Meeting